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Ministry of Social Justice
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WELLFEST
INDIA 2025

JOURNEY TO WHOLENESS BEGINS HERE

ORGANISED BY



AYURYOGO
AUGUST
EXPO
02, 03, 04 & 05 - 2025
India Expo Centre & Mart
Greater Noida, Delhi NCR

ELDERCARE
INDIA EXPO
02 03 04 AUGUST 2025
INDIA EXPO CENTRE & MART, GREATER NOIDA

Buzzes with Energy, Enthusiasm, & Unforgettable Experiences

DAY 2



Greater Noida, August 3, 2025 – The second day of Wellfest India 2025 witnessed an overwhelming footfall as visitors from all walks of life immersed themselves in an inspiring wellness journey. With both Ayuryog Expo and Eldercare India Expo running in full swing, the energy across the halls was electric, marked by interactive demonstrations, insightful panel discussions, hands-on wellness experiences, and engaging conversations with healthcare leaders and innovators.

This unique convergence reflects a forward-thinking approach to wellness – combining the depth of India's ancient healing systems with innovative eldercare solutions to cater to every age and every stage of life. Whether you're a wellness seeker, a senior citizen, a caregiver, a medical expert, or a policy advocate, Wellfest India is your destination for knowledge, healing, and community.

Ayuryog Expo 2025 – Celebrating India's Healing Legacy

Visitors witness an extensive showcase of healing products, therapies, and technologies. From ayurvedic formulations and yoga equipment to organic supplements and wellness retreats. Ayuryog Expo 2025 invited practitioners, researchers, and wellness seekers to explore India's vast and rich healing heritage and is expected to witness huge participation from domestic and international visitors, industry professionals, and wellness enthusiasts.

Eldercare India Expo 2025 – Empowering Graceful Ageing

The visitors also gained insight into medical innovations, physiotherapy, and geriatric care to ergonomic furniture, home safety solutions, elder-friendly architecture, and financial planning services for elderly people. Eldercare India Expo addressed every aspect of ageing with empathy and innovation. They also get a chance to engage with manufacturers, healthcare service providers, tech innovators in senior care, rehabilitation, and retirement living solutions.

Glimpses

of Wellfest India 2025



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Testimonials



Shri Avdesh Aggarwal, Chief Convenor, EPCH – I am deeply impressed by Wellfest India's expansive showcase of AYUSH therapies, nutraceutical innovations, elderly wellness initiatives, health and nutrition breakthroughs, and cutting-edge fitness solutions. The seamless integration of traditional wisdom with modern science underscores our industry's collective drive to nurture holistic well-being. Just as oil is needed to light a lamp, robust health is essential to fuel and sustain a rewarding life.



Vivek Srivastava, My Accrete Solutions Pvt. Ltd. – "Exhibiting SilverNest Solutions, our aggregator platform for senior housing options, at Elder Care India Expo 2025 has been invaluable. The Expo brought together leading developers, care providers and families all under one roof, creating the perfect environment for forging high-value partnerships. We gained direct insights into emerging wellness trends and received constructive feedback from decision-makers that will guide our platform's next innovations. We applaud the organizers for curating such a focused and impactful showcase and look forward to returning next year."



Kanchi Kashyap and Kumkum Mishra, Tortidge Healthcare Services – As co-founders we are delighted by the ElderCare India and Ayuryog Expo at Wellfest, where we discovered a remarkable array of wellness programs, home-care services, and innovative offerings from Ayuryog spanning Delhi NCR and beyond. The seamless fusion of traditional practices with cutting-edge care models and the enthusiasm of every exhibitor underscored fresh partnership opportunities to elevate senior living. Our sincere thanks to the organizers for curating such a comprehensive, inspiring showcase that has enriched our vision, expanded our network, and renewed our commitment to driving positive change in elder care.



Bal Mukund Sharma, Charman, Punjab State Food Commission – As Chairman attending Wellfest India was an invigorating experience that showcased the very best in Ayurveda, health care, eldercare, the wellness revolution, health and nutrition, and more. From transformative herbal therapies to advanced healthcare solutions and innovative senior-living concepts to pioneering nutrition strategies, every exhibit reflected the industry's dynamism and commitment to holistic well-being. Engaging with visionary leaders and exploring collaborative pathways has reaffirmed our dedication to fostering healthier communities across India. We commend the organizers for orchestrating such a comprehensive, forward-looking showcase and look forward to next year's event.



Kaushal, Founder Jaggercane: As co-founder of a jaggery-based solutions company, I was truly delighted to witness the diverse and thoughtful applications of jaggery in Ayurvedic preparation to day-to-day life. At the Ayuryog Expo I have witnessed various Ayurvedic remedies which are jaggery based providing holistic nutrition. Jaggery continues to prove itself not only as a natural sweetener but as a therapeutic ally rooted in tradition. It's heartening to see the industry recognise its digestive, detoxifying and immune-supporting properties. Events like this underscore jaggery's journey from farm to pharmacy.

Empowering Every Stage of Life

Day 2 Highlights at Wellfest India 2025

Day 2 at Wellfest India 2025 offered enriching sessions designed to empower wellbeing across age groups.

Masterclass on Yoga Chair conducted by Mr. Virender Singh, President, Wellness & Holistic Health Deptt. introduced gentle, adaptive yoga techniques specially tailored for seniors. Using chairs as support, the session focused on improving flexibility, circulation, and mobility, making yoga more inclusive and accessible.



The conference session 'Defy Ageing with Medical Advancements' by **Dr. Sanjeev Gera, Cardiologist, Fortis Hospital**, **Ms. Anupama Bhat, CEO, Miraii.ai** and **Mr. Rajesh Pilaai, Co-Founder, Confidential** unveiled exciting developments in anti-ageing research, stem cell therapies, regenerative medicine, and innovations in longevity science—providing attendees a glimpse into the future of healthy ageing.

The panel discussion on 'Financial Fitness in Retirement' addressed key concerns around wealth planning, medical insurance, and budgeting. Experts on the subject **Mr. Vishal Mehta, Founder & CEO, Mitt Arv Technologies Pvt. Ltd.**, **Mr. Robins Joseph, SEBI RIA, CFP Founder, myguide2wealth** and **Raj Ahuja, Co-Founder, Turtle Finance** shared practical strategies to help senior citizens lead secure, stress-free golden years.



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